

THE LOT	PLANT	CHECKLIST
FAMILY	SCIENTIFIC NAME	COMMON NAME
ACERACEAE (Maple)	Acer campestre	Field Maple
	Acer monspessulanus	Montpelier Maple
	Acer pseudoplatanus	Sycamore
AMARYLLIDACEAE (Daffodil)	Narcissus poeticus	Poet's/Pheasant's-eye Narcissus
ANACARDIACEAE (Pistacio)	Cotinus coggygia	Smoke tree (planted)
	Pistacia terebinthus	Turpentine tree/terebinth M
ARACEAE (Arum)	Arum italicum	Large Lords & Ladies
ARALIACEAE (Ivy)	Hedera helix	Ivy
ASCLEPIADACEAE (Milkweed)	Vincetoxicum hirundinaria	Swallow-wort
BORAGINACEAE (Borage)	Echium vulgare	Viper's Bugloss
	Lithospermum purpuro-caeruleum	Purple (= blue) gromwell
	Myosotis ramosissima	Early Forget-me-not
	Pulmonaria longifolia	Narrow-leaved lungwort
BUXACEAE (Box)	Buxus sempervirens	Box
CAMPANULACEAE (Bellflower)	Phyteuma orbiculare	Round-headed Rampion
CANNABACEAE (Hemp)	Humulus lupulus	Hop
CAPRIFOLIACEAE (Honeysuckle)	Lonicera caprifolium	Perfoliate Honeysuckle
	Lonicera xylosteum	Fly Honeysuckle
	Sambucus ebulus	Dwarf Elder
	Sambucus nigra	Elder
	Viburnum lanata	Wayfaring Tree
	Arenaria serpyllifolia	Thyme-leaved Sandwort
	Cerastium fontanum	Common Mouse-ear
	Moehringia trinervia	Three-veined Sandwort
	Sagina procumbens	Procumbent pearlwort
	Saponaria ocymoides	Rock Soapwort A
	Silene alba	White Campion
	Silene nutans	Nottingham Catchfly
	Silene vulgaris	Bladder Campion
Stellaria holostea	Greater Stitchwort	
Stellaria media	Chickweed	
CELASTRACEAE (Spindle)	Euonymus europaeus	Spindle
CHENOPODIACEAE (Goosefoot)	Chenopodium album	Fat Hen
CISTACEAE (Cistus)	Fumana procumbens	Common fumana
	Helianthemum appenninum	White Rockrose
	Helianthemum nummularium	Common Rockrose
COMPOSITAE (Daisy)	Achillea millefolium	Yarrow
	Arctium sp	Burdock
	Artemisia vulgaris	Mugwort
	Artemisia sp	Unidentified wormwood
	Bellis perennis	Perennial daisy
	Carduncellus monspeliensis	a low knapweed-like flower M
	Carduus defloratus	Alpine thistle A
	Carlina vulgaris	Carlina Thistle
	Centaurea (Leuzia) conifera	Cone Knapweed M
	Centaurea nigra	Black Knapweed
	Cirsium arvense	Creeping Thistle
	Cirsium vulgare	Spear Thistle
	Helichrysum stoechas	Immortelle/Curry Plant
	Hypochaeris maculata	Spotted Catsear
	Lactuca perennis	Blue/Mountain Lettuce
	Lactuca serriola	Prickly Lettuce
	Lapsana communis	Nipplewort
	Leucanthemum vulgare	Ox-eye Daisy
	Pilosella officinarum	Mouse-ear Hawkweed

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FAMILY	SCIENTIFIC NAME	COMMON NAME	
	Senecio vulgaris	Groundsel	
	Sonchus asper	Prickly Sow-thistle	
	Sonchus oleraceus	Smooth Sow-thistle	
	Taraxacum (group)	Dandelion	
CONVOLVULACEAE	Tragopogon pratensis	Goatsbeard=Jack-go-to-bed-at-noon	
	Convolvulus arvensis	Field Bindweed	
	Convolvulus cantabricus	Pink Bindweed M	
CORIARIACEAE (Coriaria)	Cuscuta epithimum	Common Dodder	
CORNACEAE (Cornus)	Fallopia (Bilderdykia) convolvulus	Black bindweed	
	Coriaria myrtifolia	Mediterranean Coriaria M	
CORYLACEAE (Hazel)	Cornus mas	Cornelian cherry	
	Cornus sanguinea	Dogwood	
CORYLACEAE (Hornbeam)	Corylus avellana	Hazel	
CRASSULACEAE (Stonecrop)	Carpinus betulus	Hornbeam	
	Sedum acre	Biting Stonecrop	
	Sedum anglicum	English Stonecrop	
	Sedum telephium	Orpine	
CRUCIFERAE (Cress)	Umbilicus rupestris	Navelwort/wall pennywort	
	Alliaria petiolata	Garlic Mustard	
	Alyssum alyssoides	Small alison	
	Biscutella laevigata agg	Buckler mustard	
	Capsella bursa-pastoris	Shepherd's-purse	
	Cardamine pratensis	Cuckoo flower/lady's smock/milkmaid	
	Hesperis matronalis	Dame's Violet	
	Iberis amara	Wild Candytuft	
	Lepidium campestre	Field Pepperwort	
	Lunaria annua	Honesty	
	Nasturtium officinale	Watercress	
	Rapistrum rugosum	Bastard cabbage	
	Sisymbrium officinale	Hedge Mustard	
	Thlaspi perfoliatum	Perfoliate Pennycress	
CUCURBITACEAE (Gourd)	Bryonia cretica	White Bryony	
CUPRESSACEAE (Cypress)	Juniperus communis	Juniper	
DIOSCOREACEAE (Yam)	Tamus communis	Black bryony	
DIPSACACEAE (Scabious)	Knautia arvensis	Field Scabious	
DIPSACACEAE (Teasel)	Dipsacus fullonum	Teasel	
ELAEAGNACEAE (Oleaster)	Elaeagnus angustifolia	Oleaster M (introduced)	
EUPHORBIACEAE (Spurge)	Euphorbia amygdaloides	Wood Spurge	
	Euphorbia chamaebuxus	Pyrenean spurge A	
	Euphorbia cyparissias	Cypress Spurge	
	Euphorbia hyberna	Irish Spurge	
	Euphorbia lathyris	Caper spurge	
	Mercurialis perennis	Dog's Mercury	
FAGACEAE	Aesculus hippocastanum	Horse Chestnut	
	Castanea sativa	Sweet chestnut	
	Quercus ilex	Evergreen/holm oak	
	Quercus petraea	Sessile Oak	
	Quercus pubescens	Downy oak	
FUMARIACEAE (Fumitory)	Fumaria officinalis	Common Fumitory	
GENTIANACEAE (Gentian)	Blackstonia perfoliata	Yellow-wort	
GERANIACEAE (Geranium)	Erodium cicutarium	Common Storksbill	
	Geranium columbinum	Long-stalked Cranesbill	
	Geranium dissectum	Cut-leaved Cranesbill	
	Geranium lucidum	Shining Cranesbill	
	Geranium molle	Dovesfoot Cranesbill	

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	<i>Geranium purpureum</i>	Little Robin
	<i>Geranium pusillum</i>	Small-flowered Cranesbill
	<i>Geranium robertianum</i>	Herb Robert
	<i>Geranium rotundifolium</i>	Round-leaved Cranesbill
	<i>Geranium sanguineum</i>	Bloody Cranesbill
GLOBULARIACEAE (Globularia)	<i>Globularia vulgaris</i>	Globularia
GRAMINEAE (Grass)	<i>Avena fatua</i>	Wild Oat
	<i>Briza media</i>	Common Quaking-grass
	<i>Dactylis glomerata</i>	Cocksfoot
	<i>Holcus lanatus</i>	Yorkshire Fog
	<i>Hordeum murinum</i>	Wall Barley
	<i>Milium effusum</i>	Wood millet
	<i>Stipa pennata</i>	Feather Grass M
HYPERICACEAE (Hypericum)	<i>Hypericum perforatum</i>	Perforate St. John's Wort
IRIDACEAE (Iris)	<i>Gladiolus illyricus</i>	Field Gladiolus
JUGLANDACEAE	<i>Juglans regia</i>	Walnut
LABIATAE (Mint)	<i>Acinos arvensis</i>	Basil-thyme
	<i>Ajuga genevensis</i>	Blue bugle
	<i>Ajuga reptans</i>	Common Bugle
	<i>Glechoma hederacea</i>	Ground Ivy
	<i>Lamium purpureum</i>	Red Dead-nettle
	<i>Melittis melissophyllum</i>	Bastard Balm
	<i>Mentha aquatica</i>	Water Mint
	<i>Mentha suaveolens</i>	Apple (round-leaved) mint
	<i>Origanum vulgare</i>	Marjoram
	<i>Prunella vulgaris</i>	Self-heal
	<i>Salvia pratensis</i>	Meadow Clary
	<i>Stachys recta</i>	Yellow Woundwort
	<i>Stachys sylvatica</i>	Hedge woundwort
	<i>Teucrium sp</i>	unidentified germander leaves
	<i>Thymus serpyllum</i>	Wild Thyme
LEMNACEAE (Duckweed)	<i>Lemna minor</i>	Common/Lesser Duckweed
LILIACEAE (Lily)	<i>Anthericum liliago</i>	St. Bernard's Lily
	<i>Asphodelus albus</i>	Asphodel A, M
	<i>Colchicum autumnale</i>	Meadow Saffron
	<i>Muscari comosum</i>	Tassel Hyacinth
	<i>Ornithogalum pyrenaicum</i>	Bath asparagus/spiked s-of-Bethlehem
	<i>Ornithogalum umbellatum</i>	Common Star-of-Bethlehem
	<i>Ruscus aculeatus</i>	Butcher's Broom
LINACEAE (Flax)	<i>Linum bienne</i>	Pale Flax
	<i>Linum catharticum</i>	Fairy Flax
	<i>Linum suffruticosum</i>	Pyrenean Flax
MALVACEAE (Mallow)	<i>Malva sylvestris</i>	Common Mallow
OLEACEAE (Olive)	<i>Fraxinus excelsior</i>	Ash
	<i>Jasminum fruticans</i>	Wild Jasmine
	<i>Ligustrum vulgare</i>	Wild Privet
ORCHIDACEAE	<i>Aceras anthropophorum</i>	Man Orchid
	<i>Anacamptis pyramidalis</i>	Pyramidal Orchid
	<i>Cephalanthera damasonium</i>	White Helleborine
	<i>Cephalanthera longifolia</i>	Narrow-leaved Helleborine
	<i>Cephalanthera rubra</i>	Red Helleborine
	<i>Dactylorhiza fuchsii</i>	Common Spotted Orchid
	<i>Dactylorhiza incarnata</i>	Early Marsh Orchid
	<i>Epipactis helleborine</i>	Broad-leaved Helleborine
	<i>Epipactis purpurata</i>	Violet helleborine

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	<i>Gymnadenia conopsea</i>	Fragrant Orchid	
	<i>Himantoglossum hircinum</i>	Lizard Orchid	
	<i>Limodorum abortivum</i>	Violet birdsnest orchid (= limador)	
	<i>Listera ovata</i>	Common Twayblade	
	<i>Neottia nidus-avis</i>	Birdsnest Orchid	
	<i>Ophrys apifera</i>	Bee Orchid	
	<i>Ophrys insectifera</i>	Fly Orchid	
	<i>Ophrys scolopax</i>	Woodcock orchid M	
	<i>Ophrys sphegodes</i>	Early Spider Orchid	
	<i>Orchis laxiflora</i>	Loose-flowered Orchid	
	<i>Orchis masculata</i>	Early Purple Orchid	
	<i>Orchis militaris</i>	Military Orchid	
	<i>Orchis morio</i>	Green-winged orchid	
	<i>Orchis purpurea</i>	Lady Orchid	
	<i>Orchis simia</i>	Monkey Orchid	
	<i>Orchis ustulata</i>	Burnt-tip Orchid	
	<i>Platanthera bifolia</i>	Lesser Butterfly Orchid	
PAPAVERACEAE (Poppy)	<i>Chelidonium majus</i>	Greater Celandine	
	<i>Papaver rhoeas</i>	Common Poppy	
PAPILIONACEAE (Pea)	<i>Anthyllis vulneraria</i>	Kidney Vetch	
	<i>Argyrolobium sanonii</i>	Argyrolobium M	
	<i>Astragalus monspessulanus</i>	Montpellier Milk-Vetch A	
	<i>Cercis siliquastrum</i>	Judas Tree M	
	<i>Chamaespartium sagittale</i>	Winged broom/greenweed A	
	<i>Hippocrepis comosa</i>	Horseshoe Vetch	
	<i>Hippocrepis emerus</i>	Scorpion senna	
	<i>Laburnum anagyroides</i>	Laburnum	
	<i>Lathyrus aphaca</i>	Yellow Vetchling	
	<i>Lathyrus pratensis</i>	Meadow Vetchling	
	<i>Lathyrus setifolius</i>	Brown Vetch A, M	
	<i>Lotus corniculatus</i>	Birdsfoot Trefoil	
	<i>Medicago arabica</i>	Spotted medick	
	<i>Medicago lupulina</i>	Black Medick	
	<i>Medicago minima</i>	Bur medick	
	<i>Medicago sativa</i>	Lucerne (= alfalfa)	
	<i>Melilotus officinalis</i>	Ribbed Melilot	
	<i>Onobrychis vicifolia</i>	Sainfoin	
	<i>Psoralea bituminosa</i>	Pitch Trefoil M	
	<i>Robinia pseudacacia</i>	False Acacia	
	<i>Spartium junceum</i>	Spanish Broom (introduced)	
	<i>Trifolium campestre</i>	Hop Trefoil	
	<i>Trifolium dubium</i>	Lesser Trefoil	
	<i>Trifolium pratense</i>	Red Clover	
	<i>Trifolium repens</i>	White Clover	
	<i>Vicia villosa</i>	Fodder vetch M	
	<i>Vicia hirsuta</i>	Hairy Tare	
	<i>Vicia sativa</i>	Common Vetch	
	<i>Vicia sepium</i>	Bush Vetch	
PLANTAGINACEAE (Plantain)	<i>Plantago lanceolata</i>	Ribwort Plantain	
	<i>Plantago major</i>	Greater Plantain	
	<i>Plantago media</i>	Hoary Plantain	
	<i>Platanus hybrida</i>	London Plane	
POLYGALACEAE (Milkwort)	<i>Polygala calcarea</i>	Chalk Milkwort	
	<i>Polygala vulgaris</i>	Common Milkwort	
POLYGONACEAE (Dock)	<i>Rumex acetosa</i>	Common Sorrel	

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FAMILY	SCIENTIFIC NAME	COMMON NAME	
	<i>Rumex crispus</i>	Curled Dock	
	<i>Rumex obtusifolius</i>	Broad-leaved dock	
	<i>Polygonum aviculare</i>	Knotgrass	
PRIMULACEAE (Primrose)	<i>Anagallis arvensis</i>	Scarlet Pimpernel	
	<i>Primula veris</i>	Cowslip	
PTERIDOPHYTA (Fern)	<i>Asplenium ruta-muraria</i>	Wall Rue	
	<i>Asplenium scolopendrium</i>	Hart's tongue fern	
	<i>Asplenium trichomanes</i>	Maidenhair Spleenwort	
	<i>Ceterach officinarum</i>	Rusty-back Fern	
	<i>Dryopteris</i> sp - dilatata?	(Broad?) buckler-fern	
	<i>Ophioglossum vulgatum</i>	Adderstongue	
	<i>Pteridium aquilinum</i>	Bracken	
	<i>Polypodium cambricum</i>	Southern polypody	
	<i>Polypodium vulgare</i>	Common Polypody	
RANUNCULACEAE (Buttercup)	<i>Aquilegia vulgaris</i>	Common Columbine	
	<i>Clematis vitalba</i>	Traveller's Joy	
	<i>Helleborus foetidus</i>	Stinking Hellebore	
	<i>Ranunculus acris</i>	Meadow Buttercup	
	<i>Ranunculus arvensis</i>	Corn Buttercup	
	<i>Ranunculus bulbosus</i>	Bulbous Buttercup	
	<i>Ranunculus gramineus</i>	Grass-leaved buttercup	
	<i>Ranunculus repens</i>	Creeping Buttercup	
RESEDACEAE (Mignonette)	<i>Reseda lutea</i>	Wild Mignonette	
ROSACEAE (Rose)	<i>Crataegus monogyna</i>	Hawthorn	
	<i>Filipendula vulgaris</i>	Dropwort	
	<i>Fragaria vesca</i>	Wild Strawberry	
	<i>Geum urbanum</i>	Herb Bennet	
	<i>Mespilus germanica</i>	Medlar	
	<i>Potentilla reptans</i>	Creeping cinquefoil	
	<i>Prunus mahaleb</i>	St Lucie's cherry	
	<i>Prunus spinosa</i>	Blackthorn	
	<i>Rosa canina</i>	Dog Rose	
	<i>Rosa rubiginosa</i>	Sweet briar	
	<i>Rubus sanctus</i>	Bramble	
	<i>Sanguisorbia minor</i>	Salad Burnet	
	<i>Sorbus aria</i>	Whitebeam	
	<i>Sorbus torminalis</i>	Wild Service Tree	
RUBIACEAE (Bedstraw)	<i>Cruciata laevipes</i>	Crosswort	
	<i>Galium aparine</i>	Cleavers	
	<i>Galium mollugo</i>	Hedge Bedstraw	
	<i>Galium pumilum</i>	Slender Bedstraw	
	<i>Sherardia arvensis</i>	Field madder	
	<i>Rubia peregrina</i>	Wild Madder	
SANTALACEAE (Sandalwood)	<i>Thesium humifusum</i>	Bastard Toadflax	
SCROPHULARIACEAE (Figwort)	<i>Chaenorhinum minus</i>	Small Toadflax	
	<i>Cymbalaria muralis</i>	Ivy-leaved Toadflax	
	<i>Digitalis lutea</i>	Small Yellow Foxglove	
	<i>Euphrasia nemorosa</i>	Common Eyebright	
	<i>Linaria supina</i> (= <i>L. pyrenaica</i>)	Pyrenean (prostrate) toadflax A	
	<i>Melampyrum cristatum</i>	Crested Cow Wheat	
	<i>Rhinanthus minor</i>	Yellow Rattle	
	<i>Scrophularia canina</i>	French (Alpine) Figwort	
	<i>Verbascum pulverulentum</i>	Hoary Mullein	
	<i>Veronica anagallis-aquatica</i>	Blue Water-speedwell	
	<i>Veronica arvensis</i>	Wall Speedwell	

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	Veronica austriaca teucrium	Large speedwell	A
	Veronica beccabunga	Brooklime	
	Veronica chamaedrys	Germander Speedwell	
	Veronica hederifolia	(Lilac) Ivy-leaved speedwell	
	Veronica persica	Common field speedwell	
THYMELAEACEAE (Daphne)	Daphne laureola	Spurge Laurel	
TILIACEAE (Lime)	Tilia sp	Lime	
ULMACEAE (Elm)	Ulmus sp	Elm	
UMBELLIFERAE (Carrot)	Anthriscus sylvestris	Cow Parsley	
	Chaerophyllum temulentum	Rough Chervil	
	Conopodium majus	Pignut	
	Daucus carota	Wild Carrot	
	Eryngium campestre	Field Eryngo	
	Heracleum sphondylium var. sibiricum	Hogweed (greenish flowered)	
	Selinum pyrenaicum (=Angelica pyrenaëa)	Pyrenean angelica	A
	Silaum silaus	Pepper Saxifrage	
	Torilis nodosa	Knotted bur parsley	
	Torilis japonica	Upright Hedge Parsley	
URTICACEAE (Nettle)	Parietaria judaica	Pellitory-of-the-wall	
	Urtica dioica	Stinging nettle	
VALERIANACEAE (Valerian)	Valeriana officinalis	Common Valerian	
	Valerianella locusta	Cornsalad	
VIOLACEAE (Violet)	Viola arvensis	Field pansy/heartsease	

This is an edited version of the complete checklist first prepared by Jenny Haywood for her holiday at Maison Meulet, Galoubet, the Lot in 1995, and updated by Chris Durdin for this May 2000 holiday.

Most are in The Wild Flowers of Britain and Northern Europe

Fitter, Fitter & Blamey

Others, in bold, are marked as follows:

A: Alpine flora

M: Mediterranean flora

Grass-leaved buttercup is in neither!