FROM THE ALPS TO THE ADRIATIC

28 May - 7 June 1995



HOLIDAY REPORT

"From the Alps to the Adriatic"

28 May - 7 June 1995

The Party

John Morris, Betty Colbert, Campbell and Janet Rowe, Ron and Margot Hardy, Julian and Alison Taylor, Connie Brooks, Chris Burnett, Peter and Brenda Legard, John Watts and Basil Ribbons, Rosie Steele, Joanna Wieneke.

Leaders: Paul Tout and Richard Hobbs.

Day 1 Sunday

After an easy and comfortable journey we arrived to a warm welcome at the Hotel Alla Pineta in Sistiana, in time for a walk before dinner. After a couple of minutes we reached the Rilke path with wonderful views over the sea and bay. What we thought were hundreds of lines of buoys turned out to be a mussel farm. It was surprising to find a small flock of eider duck enjoying themselves in this area. The highlight was a very clear view of a blue rock thrush conveniently perched on a dead branch. The plants included some of the Karst specialities including the smoke bush *Cotinus coggygria* which was familiar to many as a garden plant. Another local speciality, the pale yellow golden drop *Onosma javorkae* was in full flower. It is one of many attractive plants that can only be seen in this part of the world.

The bare grey limestone had been eroded into wonderful patterns and had very sharp edges. It differed from British limestone in containing less magnesium and having a high aluminum content which makes it much harder. We returned to a lovely meal of good simple local food which became very much a feature of this holiday.

Day 2 Monday

We visited the nearby Monte Steine which is one of the few remaining areas of limestone grassland in the region. In the hot sun, the sheer number of butterflies and flowers was staggering. Great excitement was caused by what was probably the first Italian record for rock nuthatch - which is a bird usually found much further east.

A great many good garden plants were seen on this holiday and at Monte Steine we found hellebore Helleborus multifidus, rue Ruta graveolens and alpine daphne Daphne alpina. Having just plastered ourselves with suncream we were all of a sudden scrambling for waterproofs as the heavens opened. We retreated from the thunder by visiting Isola Della Cona, an area of saline coastal marshes grazed by beautiful Camargue horses. The erect clematis Clematis recta and the Bath asparagus Ornithogalum pyreniacum lined the main drainage channel and the high banks were covered in yellow birthworth Aristolochia clematis which is the food plant of the Eastern festoon butterfly. A large hide not only gave superb views of the birds but also of underwater life. Seeing young perch at eye-level was fascinating. In amongst a large group of little egret was at least one great white egret together with grey, purple and squacco heron. The small pools in the area were full of noisy marsh frogs and black tailed skimmer dragonflies. Scrambling over the bushes was the very attractive purple clematis Clematis viticella.

Day 3 Tuesday

This was our first trip into neighbouring Slovenia and a chance to see the dramatic Karst scenery. Our first stop was on a very large natural limestone bridge over the river. The woodland plants were magnificent and included birds nest orchid *Neottia nidus-avis*, summer snowflake *Leucojum aestivum*, lungwort *Pulmonaria rubra* and Christmas rose *Helleborus niger*. The best part of the day was undoubtedly seeing the magnificent and extensive hay meadows - full of flowers and corncrakes. We were hoping for a quick view of the corncrakes but were, in fact, lucky enough to have very close views. The colourful meadows contained burnt tip orchid *Orchis ustulata*, two marsh orchids *Dactyllorhiza cordigera* and *D. saccifera*, clustered bellflower *Campanula glomerata* and a meadow

violet *Viola elatior*. Other sightings included fieldfare and two lovely butterflies, The Queen of Spain fritillary and the chequered skipper.

Day 4 Wednesday

Half the party took the opportunity to visit Venice while the rest had a damp day visiting local wildlife sites interspersed with visits to coffee shops and a wine bar! From a wildlife point of view this was not the best day but we did have wonderful views of bee eaters sitting on a fence only about six feet away. They looked magnificent even in the drizzle. The Montagu's harrier was not worried by the wet either - it flew past close enough for us to see it in full detail even with the naked eye.

Day 5 Thursday

First of all we visited a delightful small botanic garden composed entirely of native plants in a natural setting. For the rest of the day we walked to Col D'agnello through beautiful woods and grassland where the plants were magnificent. Highlights were the Carnic lily *Lilium carniolicum*, grass leaved iris *Iris graminea* and paeony *Paeonia officinalis*. Distant views were obtained of one of the area's rarest birds, the short-toed eagle. The Scops owl is often heard but rarely, if ever, seen but that evening we had really good views of this enchanting small owl.

Day 6 Friday

A visit to Trnovski Godz in Slovenia. On the way we had fantastic views of a golden eagle sitting on its nest - it really seemed to be staring at us. We also had good views of two birds that are usually quite difficult to spot - black woodpecker and nutcracker. We passed several mobile bee hives, on the backs of large lorries. The bees were in the area specifically for the acacia honey. Two impressive delenas were visited. The first being the largest in the world and the second the most famous. These deeply eroded holes were relatively warm at the top and cold lower down with snow in the bottom. The prettiest site visited was covered in wild daffodils Narcissus poeticus radiflorus, gentians Gentiana clussii, garland flower Daphne cneorum and shrubby milkwort Polygala chamaebuxus. Not only did they look good but some of them smelled wonderful. The most spectacular plant of the day was the bright orange lily Lilium bulbiferum var. croceum with its bright yellow centre.

Day 7 Saturday

On our way to the pre-alps we visited a griffin vulture captive breeding centre which was designed to augment the wild population. Griffins were seen together with black kites and some wonderfully noisy ravens. Later in the day we had good views of Bonelli's warbler and hawfinch. We also saw some lovely butterflies including clouded Apollo, heath fritillary and bright eyed ringlet. We saw some very rare plants but it was three familiar ones that provided the most spectacular sights. The Balkan cranesbill *Geranium macrorrhizum* with its deep pink flowers and aromatic foliage is a well known garden plant but it looks even prettier in the wild. The globe flower *Trollius europaeus* grew in large clumps brightening up the grassland with its large greenish yellow flowers. The mountain avens *Dryas octopetala* was found growing in cracks on the rocks with the large white flowers which move so that the always face the sun.

Day 8 Sunday

The bird watchers visited several sites and saw a large number of birds - many of them out in the open drying themselves off after the rain. Very good views were obtained of Cetti's warbler and nightingale. A real surprise was a scarlet rose finch at Doba Do. This was only the third ever record for Italy.

The botanists had a pleasant afternoon at Medeazza on the limestone grassland and in the woods. The butterflies were particularly good with numbers of Southern white admirals being seen at close quarters. Gatekeeper, large wall brown and black veined white were seen in good numbers. One of the most interesting plants was the curious bladder senna *Colutea arborescens* of famous for its pods. The prettiest plants were the two St Bernard's lilies *Anthericum ramosum a*nd *A. lilago* with spikes of pure white flowers - not to be confused with St Bruno's lily.

Day 9 Monday

A damp visit to Slovenia only to find that a large part of the site had been drained and taken into arable cultivation. The weather made bird watching very difficult but we had good views of

grasshopper and river warblers. In the evening we visted Isola Bella Cona and saw little bittern and little crake.

Day 10 Tuesday

We travelled to Cason di Lanza above the village of Paularo and had views into Austria - our third country of the holiday. The alpine meadows were stunning with gentians *Gentiana verna*, crocus *Crocus vernus*, snowbell *Soldanella montana* and white alpine pasque flower *Pulsatilla alpinus*. Lower down the hay meadows were just as pretty with sweet William *Dianthus barbatus*, sticky catchfly *Lychnis viscaria*, dusky cranesbill *Geranium phaeum* and mountain pansy *Viola lutea*. Ring ouzel and water pipit were seen. At the end of the day, while assembling in the car park, a dipper was spotted in the river below and all had good views of this busy little bird. and when we returned to the coffee shop in the village, all had good views of a dipper in the river.

Conclusion

Despite less than ideal weather conditions a wide range of interesting wildlife was seen. The scenery was spectacular and varied and the plants were quite outstanding. The mix of cultures, beautiful countryside, varied wildlife and good food made for a memorable holiday (and none of us caught pneumonia!).

R. Hobbs

Appendix 1.

List of plants

Appendix 2.

List of butterflies

Appendix 3.

List of birds



Griffon vulture

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Acer campestre

Acer monspesssulanum

Acer obtusatum

Achillea millifolium

Acinos alpinus

Aconitum napellus

Aconitum vulparia

Actaea spicata

Aegopodium podagraria

Ajuga genevenis

Ajuga reptans

Ajuga pyramidalis

Alvssum scardicum

Amelanchier ovalis

Amorpha fruticosus

Anacamptis pyramidalis

Anemone nemerosa

Anemone ranunculoides

Anemone trifolia

Anthericum liliago

Anthericum ramosum

Anthyllis montana

Anthyllis vulneraria

Aquilegia atrata

Aquilegia nigricans

Aquilegia vulgaris

Arabis turrita

Arabis alpina

Aristolochia clematitis

Aristolochia rotunda

Artemisia absinthium

Artemisia alba

Artemisia vulgaris

Aruncus dioicus

Asarum europaeum

Asparagus acutifolius

Asparagus tenuifolius

Astragalus monospessalanus

Betonicaa officinalis

Biscutella didyma

Buglossoides officionalis

Buglossoides purpurocaerulea

Buplurum ranunculoides

Calluna vulgaris

Caltha palustris

Campanula carnica

Campanula glomerata

Campanula patula

Campanula pyramidalis

Campanula rapunculoides

Campanula rapunculus

Cardamine bulbifera

Cardamine ennaphyllos

Cardamine pentaphylla

Cardamine septifolia

Cardamine trifolia

Carex otrubae

Carlina corymbosa

Carpinus betulus

Carpinus orientalis

Celtis australis

Centaurea cristata

Centaurea triumfetii

Cephanthera damasonium

Cephanthera longifolia

Cercis siliquastrum

Chamaecytisus purpureus

Chamaecytisus supinus

Chamaespartium sagittale

Chelidonium majus

Chysosplenium alternafolius

Cirsium erisyphales

Cirsium pannonicum

Clematis alpina

Clematis flammula

Clematis recta

Clematis vitalba

Clematis viticella

Colchicum autumnale

Colutea arborescens

Convallaria majalis

Convolvulus cantabricus

Cornus mas

Cornus sanguinea

Coronilla coronata

Coronilla emerus

Coronilla varia

Corydalis bulbosus

Corylus avellana

Cotinus coggygria Crataegus monogyna

Crepis chondrilloides

Crocus vernus

Cyclamen purpurascens

Dactyllorhiza cordigera

Dactyllorhiza maculata

Dactyllorhiza saccifera

Dactyllorhiza sambucina

Daphne alpina

Daphne cneorum

Daphne laureola

Daphne mezereum

Dianthus barbatus

Dianthus carthusianorum

Dictamnus albus

Dorycnium germanicum

Dryas octopetala

Equisetum arvense

Equisetum hyemale

Eryngium campestre

Eryngium amethystinum

Erysimum virgatum Euonymus europaea

Eupatorium cannabinum

Euphorbia amygaloides
Euphorbia cyparissias
Euphorbia fragifera
Euphorbia nicaeensis
Euphorbia verrucosa
Fagus sylvatica
Filipendula ulmaria
Filipendula vulgaris
Fragaria moschata
Frangula rupestrus
Fraxinus ornus
Fraxinus excelsior
Frittillaria tenella

Frittmana tenena
Fumaria officinallis
Galanthus nivalis
Galium lucidum
Galium verum
Genista germanica
Genista holopetala
Genista radiata
Genista sericea
Genista sessiliflora
Genista sylvestris
Genista tinctoria
Gentiana asclepiadea
Gentiana bavarica
Gentiana clusii

Geranium dissectum Geranium macrorrhizum Geranium molle

Geranium molle
Geranium nodosum
Geranium phaeum
Geranium robertianum
Geranium sanguineum
Geranium sylvaticum
Glechoma hederacea
Globularia cordifolia
Globularia meridionalis
Gymnadenia conopsea
Hacquetia epipactis
Helianthemum ovatum

Helianthemum salicifolium Helleborus multifidus Helleborus niger Hepatica nobilis Heracleum sphondilium Homogyne alpina

Homogyne alpina Horminium pyreniacum Hutchinsia brevicaulis

Inula ensifolia Iris graminea Iris pallida illyricrus

Iris siberica Iris pseudocorus Juniperus communis Jurinea mollo

Jurinea mollo Knautia drymea Knautia arvensis
Knautia illyrica
Laburnum alpinum
Lactuca perenne
Lamium orvala
Lathyrus aureas
Lathyrus niger
Lathyrus pratensis
Lathyrus setifolium
Lathyrus sylvestris
Lathyrus venetus
Lathyrus verna

Legousia speculum-veneris Leucanthemum liburnicum

Leucojum aestivum Ligustrum vulgare Lilium bulbiferum Lilium carniolicum Lilium martagon Limodorum arbotivum

Linum bienne
Linum tenuifolium
Linum tommasini
Litera ovata
Lonicera etrusca
Lonicera alpigena
Lonicera caerulea
Lonicera xylosteum
Lunaria redivida
Luzula nivalis
Luzula sylvatica
Lychnis viscaria
Lycopodium annotinum

Lycopus europaeus
Malva sylvestris
Melampyrum carstiense
Mercuralis perennis
Moehringia tommasinii

Morus albus Muscari botryoides Muscari comosum

Narcissus poeticus radiflorus

Neottia nidus-avis
Nymphaen alba
Omphalodes verna
Onosma javorkae
Ophrys sphegodes
Ophrys apifera
Orchis laxiflora
Orchis mascula
Orchis morio
Orchis morio
Orchis pallens
Orchis tridentata
Orchis ustulata
Orlaya grandiflora
Ornithogalum comosum

Ornithogalum pyreniacum

Ostrya carpinifolius

Osyris alba

Oxalis acetosella

Paeonia officionalis

Paliurus spina-cristi

Paperva rhoeas

Paris quadrifolia

Phalaris arundinacea

Phillyrea latifolia

Phragmites australis

Phytuma betonicifolia

Pinguicula alpina

Pinus nigra

Pistacia terebinthus

Plantago holosteum

Platanthera bifolia

Polygola alpestris

Polygola chamaebuxus

Polygola nicaeensis

Polygonatum latifolium

Polygonatum odoratum

Polygonatum verticillatum

Potentilla crantzii

Potentilla inclinata

Potentilla thungarica

Primula auricula

Primula elatior

Primula spectabilis

Primula veris

Primula vulgaris

Prunus mahaleb

Pulmonaria mollis

Pulmonaria officionalis

Pulmonaria rubra

Pulsatilla alpina

Pulsatilla montana

Ouercus cerris

Quercus ilex

Quercus pubescens

Ranunculus aconitifolius

Ranunculus auricomis

Ranunculus pygmeus

Rhamnus alternatus

Rhinanthus freynii

Rhododendron ferrugineum

Rhododendron hirsutus

Rhodothamnus chamaecistus

Rosa carnina

Rosa pendulina

Rosa pimpinellifolia

Rubia perigrina

Ruscus aculeatus

Ruta graveolens

Salix arbuscula

Salix daphneoides

Salvia pratensis

Sambucus ebulus

Sambucus nigra

Sambucus racemosus

Satureja variagata

Saxifraga hostii

Saxifraga cuneata

Saxifraga cochlerearis

Saxifraga rotundifolia

Scabious graminifolia

Scabious gramuntia

Scirpus tabernae-montana

Scorzonera austriaca

Scorzonera villosa

Scrophularia canina ssp. bicolor

Scuttelaria alpina

Scuttelaria hastifolia

Sempervivum arachnoideum

Sedum maximum

Silene italica

Silene otites

Silene nutans

Smilax aspera

Solanum dulcemara

Soldanella montana

Sorbus aria

Spartium junceum

Spirea chamaedrifolia

Stachys scardica

Stipa ericaulis

Symphytum tuberosum

Tamus communis

Tetragonolobus maritimus

Teucrium chamaedrys

Teucrium flavum Teucrium montana

Thalictrum aquilegifolium

Tilia cordata

Thymus longicaulis

Tragopogon poriifolius

Trollius europaeus

Tussilago farfara

Typha angustifolia

Typha latifolia

Ulmus minor

Valerian officionalis

Valeriana trypteris

Veratrum album

Verbascum phoenecium

Veronica longifolia Viburnum lantana

Vicia hybrida

Vinca minor

Vincetoxicum huteri

Vincetoxicum hirundinaria

Viola canina

Viola reichenbachiana

Viola lutea

Viola arvensis

Viola biflora

Viola elator

APPENDIX 2

Swallowtail

Scarce swallowtail

Clouded apollo

Large white

Black veined white

Small white

Green veined white

Orange tip

Clouded yellow

Bergers clouded yellow

Brimstone

Woodwhite

Green hairstreak

Small copper

Little blue

Green underside blue

Chequered blue

Mountain argos

Adonis blue

Comma blue

Southern white admiral

Red admiral

Painted lady

Small tortoiseshell

Comma

Queen of Spain fritillary

Twin spot fritillary

Small pearl bordered fritillary

Weavers fritillary

Glanville fritillary

Heath fritillary

Marbled white

Bright eyed ringlet

Meadow brown

Gatekeeper

Small heath

Pearly heath

Speckled wood

Wall brown

Large wall brown

Grizzled skipper

Dingy skipper

Chequered skipper

Large skipper



From the Alps to the Adriatic 28 May - 7 June 1995

Bird checklist

| Day | 1 | Venice to Sistiana |
|-----|-------|--|
| Day | 2 | Monte Stena and Isola Della Cona |
| Day | 3 | Cerknisko Jezero, Slovenia |
| Day | 4 | Gonars, Medea, Doberdo Lake |
| Day | 5 | Carsiano garden, Monte Lanaro |
| Day | 6 | Forest of Trnova, Mount Kucent, Slovenia |
| Day | 7 | Griffon vulture centre at Forgaria, Monte Musi |
| Day | 8 | Rilke path, Doberdo Lake, Isonzo |
| Day | 9 | Ljubljansko Moor, Isola Della Cona |
| Day | 10 | High Alps - Paularo, Cason di Lanza |
| н - | heard | ✓- seen |

| | 1112131415161718191101 |
|---|------------------------|
| Red-necked grebe Black-necked grebe Little grebe Great crested grebe Cormorant Shag Little bittern Squacco heron Little egret Grey heron Purple heron White stork Great white egret Glossy ibis | |
| Greylag goose Mute swan Gadwall Wigeon Teal Mallard Garganey Shoveler Ferruginous duck Tufted duck Eider | |
| Honey-buzzard Black kite Griffon vulture Short-toed eagle Marsh harrier | |

1__1__1__1_/_1__1__1__1 Montagu's harrier Goshawk Sparrowhawk Buzzard Golden eagle Osprey Kestrel Hobby Red-footed falcon Quail Pheasant Water rail Moorhen 1_1_1_1_1_1_1_1_ Coot Little crake 1 1 1 1 1 1 1 1 1 Corncrake Black-winged stilt Little ringed plover Kentish plover Lapwing Little stint Ruff Snipe Curlew sandpiper |__|_|_|_|__|__|__|__|__|___|___ Little gull 1_1_1_1/1_1_1/1/1 Black-headed gull IVIVIVIVIVIVIVIVIVI Yellow-legged gull Little tern Black tern Rock dove Stock dove Woodpigeon Collared dove |__|_|_|_|_|_|_| Turtle dove I HHHHIVI HH Cuckoo 1 1 V 1 H 1 V 1 H 1 H 1 H 1 H 1 Scops owl Nightjar Swift 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 1 Alpine swift 1_1_1_1_1_1_1_1 Bee-eater Ноорое Green woodpecker Black woodpecker Great spotted woodpecker

1 1 1 2 1 3 1 4 1 5 1 6 1 7 1 8 1 9 1 101

| | 1112131415161718191101 |
|--|------------------------|
| Crested lark Woodlark Skylark Crag martin Swallow House martin | |
| Tawny pipit Tree pipit Water pipit Yellow wagtail Grey wagtail White wagtail Dipper Wren Dunnock | |
| Robin Nightingale Black redstart Whinchat Stonechat Blue rock thrush Ring ousel Blackbird Song thrush Mistle thrush Fieldfare | |
| Cetti's warbler Fan-tailed warbler Grasshopper warbler Sedge warbler Marsh warbler Reed warbler Great reed warbler River warbler Savi's warbler Melodious warbler Sardinian warbler Lesser whitethroat Whitethroat Blackcap Bonelli's warbler Chiffchaff Goldcrest Firecrest | |
| Spotted flycatcher Long-tailed tit Willow tit | |

| | 1 1 1 2 1 3 1 4 1 5 1 6 1 7 1 8 1 9 1 101 |
|--|---|
| Crested tit Coal tit Blue tit Great tit Penduline tit Nuthatch | |
| Golden oriole Red-backed shrike Woodchat shrike | |
| Jay Magpie Nutcracker Jackdaw Hooded crow Raven | |
| Starling House/Italian sparrow Tree sparrow | |
| Chaffinch Serin Greenfinch Goldfinch Linnet Redpoll Common crossbill | |
| Bullfinch Hawfinch Scarlet rosefinch | |
| Yellowhammer Rock bunting Ortolan bunting Reed bunting Corn bunting | |

Bird list kindly compiled by Brenda Legard.



Italian League for Bird Protection – UK Branch Lega Italiana Protezione Uccelli (LIPU)

Honorary Patrons: Bill Oddie, Tony Soper.

Dear Chro

Honey guide Alps to the Adrianic holiday was such a success. Co-granulations.

Also, thank you so much for the Honeyguide donahon of £400 to LIPU UK's Werland Appeal; the money will be used to help expand LIPU's Torribe reserve near Parma, famous for its black-wiged stiets.

you and Honey suide for organising a holid ay which headles British buildwarders to discover that Italy really is a spenial place for builds.

With Thanks and best wishes for Honey guide's continuing success.